**Timetable suggested by the PTA**

\*Based on two infant children

|  |  |
| --- | --- |
| 8:00-9:00 | Breakfast and getting ready for the day ahead |
| 9:00- 9:30 | Whole family reading, taking in turns reading and listening tostories. |
| 9:30- 10:15 | Follow school work from Tapestry for the younger child. |
| 10.15-11.00 | Free play and snack |
| 11.00-11.45 | Follow school work for Tapestry for the younger child. |
| 11.45-12:15 | Be creative. Express yourself with arts/science/dance. |
| 12:15-13:15 | Lunchtime with play outdoors or a short walk. |
| 13:15-14:00 | Follow school work from Tapestry for the older child. |
| 14:00-14:45 | Free play and snack |
| 14:45-15:30 | Follow school work from Tapestry for the older child. |
| 15:30-16:30 | Free play/Outdoor play |
| 16:30- 17:00 | Play some board games/imaginative play |
| 17:00-17:30 | Dinner time |
| 17:30-18:15 | Quiet/calm time |
| 18:15 | Bath time |
| 18:30 | Story time |
| 19:00 | Bed time |