

# *Bird pudding feeder and Bird Watch Activity*

## *Materials you will need:*

*A grown up to help you*

*Breadcrumbs - about 2 slices of bread*

*About 50 grams of lard*

*Nuts, raisins or apple core (any or all)*

*Any seeds suitable for birds (Poundland)*

*An empty yogurt pot*

*Some string (about 50cm)*

- 1. Crumble up two slices of bread into small pieces and place in a bowl*
- 2. Ask your adult to pierce a hole in the bottom of the yogurt pot and thread string through. Tie a knot on the outside bottom and leave enough string to pull up through the pot and extra to tie it up. You will need about 50cm altogether. (if you do not have anywhere to tie the pot outside, you don't have to make a hole or use the string)*
- 3. Add raising / nuts / seeds / crushed up apple core to the bread and give it a good mix.*
- 4. Ask your grown up to melt 50grams of fat. It doesn't have to be very hot - just melted.*
- 5. Ask your grown up to pour the fat into the breadcrumb mix and give it another good stir.*

6. Place your yogurt pot on a plate ( the fat may run out of the bottom a little) then carefully pack the bread crumb mix into the pot. You will need to hold the string tight as you do this if you are using it.
7. Place the yogurt pot on the plate in the fridge until the lard has set.
8. Carefully ask your grown up to help cut away the yogurt pot.
9. Hang your bird feeder outside and wait for the birds to come and peck away.

*\*if you are not using string, turn out the bird pudding and put in a suitable place in your garden.*

*\*\*if you do not have any yogurt pots, you can leave the mixture to cool until you can handle it, then mould into balls and wrap in cling film and place in the fridge. When set, unwrap the balls and either place in your garden or in a bird feeder cage if you have one.*

# Bird Watch Activity

Look out for these common garden birds in your garden.

Give each picture a tick every time you see one.



*Robin*



*Blackbird*



*Sparrow*



*Blue tit*

*Did you spot any other birds?*

*What were they?*

*How many birds did you spot in one week?*

