



Home Learning

For this half term's theme, please find examples below of additional learning that you can complete with your child at home. These are not 'compulsory' but will provide more opportunities for your child to explore the theme and share their learning with their friends. Please make sure you upload a photo/video to Tapestry for us to add to your child's account.

Also, please feel free to come up with your own activities for your child to complete!

Design a menu to serve at your restaurant

Think of your most favourite foods, can you make a meal that everyone would want to eat?

Research recipes

Do you have any recipe books to look at? Talk about the ingredients needed for your favourite!

Baking or Cooking

Can you help a grown up weigh out ingredients at home?

Try something new!

Take a look around the supermarket. Challenge yourself to try something you have never eaten before!

Create a food diary

Make a list of everything you eat over a weekend. Are you eating enough fruit or vegetables to grow big and strong?

Our important vocabulary this half term!

Can you practise it at home? We will update tapestry each time we learn a new word.

Write a shopping list

Check the cupboards and fridge with your grown up before heading to the supermarket. Can you write a list to remind you what you need to buy?

Germ

Safety

(un)Healthy

Dairy

Protein

Carbohydrates

Fruit

Vegetables

Measure

Recipes

Ingredients

Method

Explore the kitchen

Can you and your grown up find different utensils and tools around the kitchen? What are they used for?