



Changing Me

Puzzle Map - F1 (Nursery/Pre-school) - Ages 3-4

Puzzle Outcome

Help me fit together the six pieces of learning about Changing Me to create the Tree of Change (see Piece 2)

Weekly Celebration		Pieces	Learning Intentions	Resources
Understand that everyone is unique and special	1. My Body		I can name parts of my body and show respect for myself	Bag/box Book: 'Look Inside Your Body', by Louie Stowell Labels naming all the different body parts Pictures of all the different body parts that will go together to form a whole body Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
Can express how they feel when change happens	2. Respecting My Body		I can tell you some things I can do and some food I can eat to be healthy	Jigsaw Song sheet: 'Make a Good Decision' Selection of pictures that show healthy/not so healthy activities/food Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
Understand and respect the changes that they see in themselves	3. Growing Up		I understand that we all start as babies and grow into children and then adults	Jigsaw Song sheet: 'A New Day' Book: 'I wonder why kangaroos have pouches' by Jenny Wood Book: 'The Very Hungry Caterpillar' by Eric Carle Pictures ranging from a baby to a toddler, showing different stages of development, e.g. drinking milk, teething, crawling, toileting Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
Understand and respect the changes that they see in other people	4. Growth and Change		I know that I grow and change	Jigsaw Song sheet: 'A New Day' Book: 'Huge Bag of Worries', by Virginia Ironside Seeds Pots Compost Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
Know who to ask for help if they are worried about change	5. Fun and Fears		I can talk about how I feel moving to School from Nursery	Music Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
Are looking forward to change	6. Celebration		I can remember some fun things about Nursery this year	Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime