


Dereham Church Infant and Nursery School- PSHE

	<p>Year group: Year 1</p>	<p>Area/topic: PSHE [Dreams and Goals]</p> <p>(objectives from NC/ELG/Development matters)</p> <p>I can set a simple goal and talk about how I could achieve it.</p> <p>I can identify my successes and achievements.</p> <p>I can explain how I learn best.</p> <p>I recognise that the way I learn best might be different to other children in my class and the same as some other children.</p> <p>I understand how to work with a partner</p> <p>I can accept a challenge and understand that this might stretch me as a learner.</p> <p>I can talk about how I feel when I am faced with a challenge.</p> <p>I can give ideas how I could help myself and how others could support me when I am facing a challenge.</p>
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Prior learning	Future learning
<ul style="list-style-type: none"> • Children will learn how they are the same/different to other children in their class • Children will begin to recognise that everyone has different strengths - something that is easy for them might be hard for someone else. • Children will learn that trying your best is important and that persevering is necessary to learning. 	<ul style="list-style-type: none"> • Children will learn to set realistic goals for themselves and to think of how they might work towards achieving them. • Children will learn to persevere and to be resilient in the face of challenge, • Children will learn to work collaboratively with a partner. • Children will learn to negotiate, compromise and communicate when working with a partner

What pupils need to know or do to be secure	
Key knowledge and skills	Possible evidence
<p>I can set a simple goal and talk about how I could achieve it.</p> <p>I can identify my successes and achievements.</p> <p>I can explain how I learn best.</p> <p>I recognise that the way I learn best might be different to other children in my class and the same as some other children.</p> <p>I understand how to work with a partner</p> <p>I can accept a challenge and understand that this might stretch me as a learner.</p> <p>I can talk about how I feel when I am faced with a challenge.</p> <p>I can give ideas how I could help myself and how others could support me when I am facing a challenge.</p> <p>I know that working with a partner means I need to learn to negotiate, compromise, listen and communicate my ideas clearly.</p>	<p>Observing children when faced with a challenge.</p> <p>Observing children when they are given a partner task.</p> <p>Talking to children about what might help them/how they could help themselves.</p> <p>Role play/drama</p> <p>During discussion</p>
Key vocabulary	
<p>Dream/goal</p> <p>Challenge</p> <p>Persevere</p> <p>Resilience</p> <p>Negotiate</p> <p>Compromise</p> <p>collaborate</p>	

Common misconceptions	Books linking to this area
<p>That everyone has the same abilities/strengths as they do.</p> <p>That challenges are "too hard" and that if you don't try, someone will do it for you!</p>	<p>"Giraffes can't dance" Giles Andrae</p> <p>"How to catch a star" Oliver Jeffers</p> <p>"Beautiful Oops!" by Barney Saltzberg</p> <p>"The most magnificent thing" by Ashley Spires</p> <p><u>Songs</u></p> <p>"Let's get to it"</p> <p>https://youtu.be/Xz9cpGHisCQ</p> <p>"I have a go" https://youtu.be/6fqIjvIy2AE</p> <ol style="list-style-type: none"> 1. Try Everything - Zootopia 2. "Anything Can Happen" - Mary Poppins 3. "Home" - Beauty and the Beast 4. Proud of Me (Grover - Sesame Street) 5. Can't Stop The Feeling (Justin Timberlake - Trolls Soundtrack) 6. Get Back Up Again (Anna Kendrick - Trolls Soundtrack) 7. Don't Hide Your Magic (Emily Arrow) 8. Follow Your Arrow (Emily Arrow) 9. Everyone Makes Mistakes (Sesame Street) 10. Big Life (Lindsay Müller) 11. Be a Friend Song (Emily Arrow) 12. Hakuna Matata (Lion King Soundtrack) 13. How Far I'll Go (Moana Soundtrack) 14. "Circle of Life" - The Lion King

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| | <ol style="list-style-type: none">15. "Out There"—The Hunchback of Notre Dame16. I've Got A Dream (Mandy Moore)17. Let It Go (Idina Menzel)18. Life is a Highway (Rascal Flatts)19. Shake It Off (Sing Soundtrack)20. Sunshine in My Pocket (Auntie Kayte)21. A Dream Is a Wish Your Heart Makes-Cinderella22. We're All In This Together- High School Musical23. I'm Good - The Mowgli's24. Never Break - John Legend25. Try Everything - Shakira26. Keep Your Head Up - Andy Grammer27. Roar - Katy Perry28. A Dream Is a Wish Your Heart Makes (Disney Channel Song)29. I am Light (India. Arie)30. Everything Is Awesome (The LEGO Movie Soundtrack) |
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Memorable first hand experiences	Opportunities for communication
<p>Have a class "Celebration" and award medals for "effort"/team work etc.</p> <p>Let children give compliments to each other when they have done a team work task [what skills/attitudes were shown in the task?].</p>	<ul style="list-style-type: none"> • During discussion [whole class or small group] • During "Philosophy" • During drama • When planning and working in teams • Planning and working with a partner

DCINS Reasonable adjustments for pupils with SEND

<p>Communication and Interaction</p> <p>simplified steps songs/videos smaller groups using puppets</p>	<p>Cognition and Learning</p> <p>social stories real life experiences drawing on their own experiences visual prompt pictures/lists to help with remembering tasks talking tiles</p>
<p>Social, Emotional and Mental health</p> <p>allowing time for thoughts/ideas having an awareness of home life/experiences specific to that child a trusted adult to talk to awareness of how other children may impact on another child's ability to cope/contribute to a group</p>	<p>Sensory and Physical</p> <p>allow processing time allow time for calming down if needed allow ideas to be communicated through videos/pictures rather than just spoken words or writing.</p>

