


Dereham Church Infant and Nursery School- PSHE

	<p>Year group: Year 1</p>	<p>Area/topic: PSHE [Dreams and Goals]</p>
	<p>(objectives from NC/ELG/Development matters)</p> <p>I can set a simple goal and talk about how I could achieve it.</p> <p>I can identify my successes and achievements.</p> <p>I can explain how I learn best.</p> <p>I recognise that the way I learn best might be different to other children in my class and the same as some other children.</p> <p>I understand how to work with a partner</p> <p>I can accept a challenge and understand that this might stretch me as a learner.</p> <p>I can talk about how I feel when I am faced with a challenge.</p> <p>I can give ideas how I could help myself and how others could support me when I am facing a challenge.</p>	

<p>Prior learning</p>	<p>Future learning</p>
<ul style="list-style-type: none"> • Children will learn how they are the same/different to other children in their class • Children will begin to recognise that everyone has different strengths - something that is easy for them might be hard for someone else. • Children will learn that trying your best is important and that persevering is necessary to learning. 	<ul style="list-style-type: none"> • Children will learn to set realistic goals for themselves and to think of how they might work towards achieving them. • Children will learn to persevere and to be resilient in the face of challenge, • Children will learn to work collaboratively with a partner. • Children will learn to negotiate, compromise and communicate when working with a partner

What pupils need to know or do to be secure

Key knowledge and skills	Possible evidence
<p>I can set a simple goal and talk about how I could achieve it.</p> <p>I can identify my successes and achievements.</p> <p>I can explain how I learn best.</p> <p>I recognise that the way I learn best might be different to other children in my class and the same as some other children.</p> <p>I understand how to work with a partner</p> <p>I can accept a challenge and understand that this might stretch me as a learner.</p> <p>I can talk about how I feel when I am faced with a challenge.</p> <p>I can give ideas how I could help myself and how others could support me when I am facing a challenge.</p> <p>I know that working with a partner means I need to learn to negotiate, compromise, listen and communicate my ideas clearly.</p>	<p>Observing children when faced with a challenge.</p> <p>Observing children when they are given a partner task.</p> <p>Talking to children about what might help them/how they could help themselves.</p> <p>Role play/drama</p> <p>During discussion</p>
<p>Key vocabulary</p>	
<p>Dream/goal</p> <p>Challenge</p> <p>Persevere</p> <p>Resilience</p> <p>Negotiate</p> <p>Compromise</p> <p>collaborate</p>	

Common misconceptions

That everyone has the same abilities/strengths as they do.

That challenges are "too hard" and that if you don't try, someone will do it for you!

Books linking to this area

"Giraffes can't dance" Giles Andrae
"How to catch a star" Oliver Jeffers
"Beautiful Oops!" by Barney Saltzberg
"The most magnificent thing" by Ashley Spires

Songs

"Let's get to it"

<https://youtu.be/Xz9cpGHisCQ>

"I have a go" <https://youtu.be/6fqljvIy2AE>

1. Try Everything - Zootopia
2. "Anything Can Happen" - Mary Poppins
3. "Home" - Beauty and the Beast
4. Proud of Me (Grover - Sesame Street)
5. Can't Stop The Feeling (Justin Timberlake - Trolls Soundtrack)
6. Get Back Up Again (Anna Kendrick - Trolls Soundtrack)
7. Don't Hide Your Magic (Emily Arrow)
8. Follow Your Arrow (Emily Arrow)
9. Everyone Makes Mistakes (Sesame Street)
10. Big Life (Lindsay Müller)
11. Be a Friend Song (Emily Arrow)
12. Hakuna Matata (Lion King Soundtrack)
13. How Far I'll Go (Moana Soundtrack)
14. "Circle of Life" - The Lion King

15. "Out There"—The Hunchback of Notre Dame
16. I've Got A Dream (Mandy Moore)
17. Let It Go (Idina Menzel)
18. Life is a Highway (Rascal Flatts)
19. Shake It Off (Sing Soundtrack)
20. Sunshine in My Pocket (Auntie Kayte)
21. A Dream Is a Wish Your Heart Makes - Cinderella
22. We're All In This Together- High School Musical
23. I'm Good - The Mowgli's
24. Never Break - John Legend
25. Try Everything - Shakira
26. Keep Your Head Up - Andy Grammer
27. Roar - Katy Perry
28. A Dream Is a Wish Your Heart Makes (Disney Channel Song)
29. I am Light (India. Arie)
30. Everything Is Awesome (The LEGO Movie Soundtrack)

<i>Memorable first hand experiences</i>	<i>Opportunities for communication</i>
<p data-bbox="203 165 1106 252"><i>Have a class "Celebration" and award medals for "effort"/team work etc.</i></p> <p data-bbox="203 300 1070 432"><i>Let children give compliments to each other when they have done a team work task [what skills/attitudes were shown in the task?].</i></p>	<ul data-bbox="1182 213 1966 480" style="list-style-type: none"><li data-bbox="1182 213 1966 300">• <i>During discussion [whole class or small group]</i><li data-bbox="1182 304 1570 347">• <i>During "Philosophy"</i><li data-bbox="1182 352 1473 395">• <i>During drama</i><li data-bbox="1182 400 1890 443">• <i>When planning and working in teams</i><li data-bbox="1182 448 1890 480">• <i>Planning and working with a partner</i>

DCINS Reasonable adjustments for pupils with SEND

<p>Communication and Interaction</p> <p>simplified steps songs/videos smaller groups using puppets</p>	<p>Cognition and Learning</p> <p>social stories real life experiences drawing on their own experiences visual prompt pictures/lists to help with remembering tasks talking tiles</p>
<p>Social, Emotional and Mental health</p> <p>allowing time for thoughts/ideas having an awareness of home life/experiences specific to that child a trusted adult to talk to awareness of how other children may impact on another child's ability to cope/contribute to a group</p>	<p>Sensory and Physical</p> <p>allow processing time allow time for calming down if needed allow ideas to be communicated through videos/pictures rather than just spoken words or writing.</p>

