



Diocese of Norwich
Education and
Academies Trust

Dereham Church of England Infant and Nursery Academy

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Dear Children/Parents/Carers,

Over the Easter holidays we encourage you to rest, take time for yourself and spend time with your loved ones.

Take a look at some of the ideas provided by our school council members and cross off when you've completed some of them.

We hope you have a restful and enjoyable half term.

<p>Make an Easter card (Amelia)</p> 	<p>Go to the park (James)</p> 	<p>Colouring (Harry)</p> 	<p>Listen to your favourite song (Elizabeth)</p> 	<p>Visit somewhere new (Delilah)</p> 
<p>Draw a picture (Joshua)</p> 	<p>Read a new book (Alethea)</p> 	<p>See a friend (Elodie and Amelia)</p> 	<p>Play a new or favourite game (Freddie)</p> 	<p>Take part in arts and crafts (Elsie)</p> 
<p>Go to the swimming pool (H)</p> 	<p>Learn a new dance (Hettie)</p> 	<p>Make your own playdough or slime (Delilah and Harry)</p> 	<p>Ride your bike (Alethea)</p> 	<p>Go on a walk (Elodie)</p> 
<p>Go outside in the sunshine (Freddie)</p> 	<p>Make and decorate something (Elizabeth)</p> 	<p>See your family (Hettie)</p> 	<p>Go to the beach (H)</p> 	<p>Try a new food (Mrs Shaw)</p> 

Best wishes

Mrs Shaw and our School Council [Senior Mental Health and Wellbeing Lead]