

	Year group: Year 1	Area/topic: Food and Nutrition
	<p>(objectives from NC/ELG/Development matters)</p> <ul style="list-style-type: none"> <li>➤ understand and apply the principles of nutrition and learn how to cook.</li> </ul> <p>Key stage 1</p> <ul style="list-style-type: none"> <li>➤ use the basic principles of a healthy and varied diet to prepare dishes</li> <li>➤ understand where food comes from.</li> </ul>	

Prior learning	Future learning
<p>Children have had the experience of trying new foods.</p> <p>Children have had the experience of observing foods and looking at what is inside.</p> <p>Children have had the experience of naming and being introduced to new foods.</p> <p>Children have had the experience of making food.</p>	<p>Children will learn where their food comes from.</p> <p>Children will understand what food can be grown.</p> <p>Children will understand what food comes from animals.</p> <p>Children will understand different types of eating habits.</p>

What pupils need to know or do to be secure		
Key knowledge and skills	Possible evidence	
<ul style="list-style-type: none"> <li>➤ Children will know what fruits, vegetables and herbs can be grown.</li> <li>➤ Children will be given the opportunity to grow a herb/fruit/vegetable in the classroom environment.</li> <li>➤ Children will specifically look at fruits, vegetables and herbs to link with Science learning.</li> <li>➤ Children will be given the opportunity to try what they have grown.</li> <li>➤ Children can identify what is healthy/unhealthy.</li> <li>➤ Children will have used their experiences of using food to help generate ideas and explained why they have made decisions</li> <li>➤ Children will have used tools and equipment safely and tried to be accurate in their making:</li> <li>➤ Children will be given the opportunity to use skills such as grating and cutting to make something.</li> </ul>	<p>Photos in DT books and quotes from the children with their thoughts and opinions on the taste and what they know about plant growth.</p>	
Key vocabulary		
<p>Fruit, Vegetable, Herb, Growth, Healthy, Unhealthy, Tasting, Cutting, Grating, Food Hygiene</p>		
Common misconceptions	Books linking to this area	

<ul style="list-style-type: none"> <li>➤ Children might not understand that fruits have seeds and vegetables do not.</li> <li>➤ Children might have phobias of trying foods and adults should be mindful of this.</li> </ul>	<ul style="list-style-type: none"> <li>➤ Oliver's vegetables</li> <li>➤ Bad Apple</li> </ul>
Memorable first hand experiences	Opportunities for communication
<ul style="list-style-type: none"> <li>➤ Growing their own food (herbs/cress) and then trying their own food.</li> </ul>	<ul style="list-style-type: none"> <li>➤ Discussions throughout the sessions, looking at different fruits and vegetables.</li> <li>➤ Discussing the tastes.</li> </ul>

## Dereham Church of England Infant and Nursery Academy

### Reasonable adjustments for pupils with SEND

<p>Communication and Interaction</p> <p>Visual aids Modelling - through the use of visualiser or I:I Simple instructions Use of WAGOLL Pre-teaching vocabulary Coloured paper</p>	<p>Cognition and Learning</p> <p>Repetition of skills Photo examples Check understanding regularly Verbal responses being scribed by adults Large scale if fine motor is a barrier</p>
<p>Social, Emotional and Mental health</p> <p>Allow access to a quiet area Give them a special role to boost their self-esteem Seat pupil with more confident friend - talking partners Now and next board Sand timer Step by step guides with visuals/pictures/photos</p>	<p>Sensory and Physical</p> <p>A range of tools/scissors Gloves for sensory issues Explore new materials Carpet space position Reduce background noise</p>