

	Year group: Year 1	Area/topic: Food and Nutrition
	<p>(objectives from NC/ELG/Development matters)</p> <ul style="list-style-type: none"> <li>➤ understand and apply the principles of nutrition and learn how to cook.</li> </ul> <p>Key stage 1</p> <ul style="list-style-type: none"> <li>➤ use the basic principles of a healthy and varied diet to prepare dishes</li> <li>➤ understand where food comes from.</li> </ul>	

Prior Learning	Future learning
<p>Children have had the experience of trying new foods.</p> <p>Children have had the experience of observing foods and looking at what is inside.</p> <p>Children have had the experience of naming and being introduced to new foods.</p> <p>Children have had the experience of making food.</p>	<p>Children will learn where their food comes from.</p> <p>Children will understand what food can be grown.</p> <p>Children will understand what food comes from animals.</p> <p>Children will understand different types of eating habits.</p>

What pupils need to know or do to be secure	
Key knowledge and skills	Possible evidence
<ul style="list-style-type: none"> <li>➤ Children will know what fruits, vegetables and herbs can be grown.</li> <li>➤ Children will be given the opportunity to grow a herb/fruit/vegetable in the classroom environment.</li> <li>➤ Children will specifically look at fruits, vegetables and herbs to link with Science learning.</li> <li>➤ Children will be given the opportunity to try what they have grown.</li> <li>➤ Children can identify what is healthy/unhealthy.</li> <li>➤ Children will have used their experiences of using food to help generate ideas and explained why they have made decisions</li> <li>➤ Children will have used tools and equipment safely and tried to be accurate in their making:</li> <li>➤ Children will be given the opportunity to use skills such as grating and cutting to make something.</li> </ul>	Photos in DT books and quotes from the children with their thoughts and opinions on the taste and what they know about plant growth.
Key vocabulary	
Fruit, Vegetable, Herb, Growth, Healthy, Unhealthy, Tasting, Cutting, Grating, Food Hygiene	
Common misconceptions	Books linking to this area

<ul style="list-style-type: none"> <li>➤ Children might not understand that fruits have seeds and vegetables do not.</li> <li>➤ Children might have phobias of trying foods and adults should be mindful of this.</li> </ul>	<ul style="list-style-type: none"> <li>➤ Oliver's vegetables</li> <li>➤ Bad Apple</li> </ul>
Memorable first hand experiences	Opportunities for communication
<ul style="list-style-type: none"> <li>➤ Growing their own food (herbs/cress) and then trying their own food.</li> </ul>	<ul style="list-style-type: none"> <li>➤ Discussions throughout the sessions, looking at different fruits and vegetables.</li> <li>➤ Discussing the tastes.</li> </ul>

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Reasonable adjustments for pupils with SEND

<p>Communication and Interaction</p> <p>Visual aids Modelling - through the use of visualiser or 1:1 Simple instructions Use of WAGOLL Pre-teaching vocabulary Coloured paper</p>	<p>Cognition and Learning</p> <p>Repetition of skills Photo examples Check understanding regularly Verbal responses being scribed by adults Large scale if fine motor is a barrier</p>
<p>Social, Emotional and Mental health</p> <p>Allow access to a quiet area Give them a special role to boost their self-esteem Seat pupil with more confident friend - talking partners Now and next board Sand timer Step by step guides with visuals/pictures/photos</p>	<p>Sensory and Physical</p> <p>A range of tools/scissors Gloves for sensory issues Explore new materials Carpet space position Reduce background noise</p>