

SEND



NEWSLETTER SPRING 2026 2



Local Offer

The SEND Local Offer outlines what is available for children and young people with SEND aged between 0-25 and their family/carers. It is a useful website for support and up to date information on the services currently available.

<https://www.norfolk.gov.uk/SEND>

Sensory Workshop!

We held our first Sensory Workshop last half term. It was a lovely afternoon watching the children spend time with their parents exploring the different resources and equipment we had. We have taken on some feedback on additional resources we could provide during our next workshop. Please see the date on the next page for when this will be.

Photos:



NANSA Sleep Service

Is your child struggling with sleep?
Is their sleep affecting their emotional regulation, behaviour or concentration?

The Nansa Sleep Service is an NHS funded support service for families living within Norfolk with children with SEND needs who are experiencing ongoing sleep difficulties. Nansa have developed and delivered sleep programmes, sleep clinics, sleep groups and workshops and can offer advice.

They accept referrals for support on their website. It is a free service for children with identified additional needs.

The Nansa Sleep Service run a helpline every Monday (term time) from 10am-3pm. A member of the sleep team will be able to give advice and answer any questions you may have.
Helpline number: 01603 728673



Events!

Within this section of the newsletter we will let you know about events happening within our school community and local community.

Parent cafes

At the upcoming writing cafes I will also be present in a separate classroom offering the same activities but in a quieter environment if your child needs it.

At DCINA

SEND Library Bus Session - Friday 24th April - DCINA - 3:05-3:15

Once every half term we will be holding a session on the bus where you can come in just before the end of the school day and take your child on the bus to look at the wonderful books on board. This bus session will be quieter and at a reduced capacity compared to our regular Thursday after school bus sessions. Your child will be collected from class and then returned ready for bedtime.

SEND Sensory Workshop - Friday 8th May - DCINA - 2:00-2:30 - Free

Our SEND Sensory Workshop is offered to children on our SEN register to enjoy a sensory session with their parents/carers. It will be held in the hall and there will be lights, bubbles and sensory equipment to touch, feel and play with. Parents must also attend.

SEND Parent Coffee Morning - Friday 6th March - DCINA - 11-12 - Free

This event is for adults/carers of children with SEND or emerging needs. Pop along for a tea/coffee and some biscuits where we can sit, talk and share advice with one another.

Local community

SEND Cafes - Every Monday - Dereham Library - 1:30-2:30 - Free

A weekly SEND cafe for families with children with special educational needs or disabilities to meet, share ideas and gain professional information, advice and guidance. You do not need to book, just turn up when you can.



TRAINING/INFORMATION COURSES FOR PARENTS AND CARERS:

PDA for Parents & Carers

Tickets available to the parent carer course through the PDA training hub.

Norfolk Parent Carer Service Spring Term Online Workshops

PDA for Parents & Carers
16th & 23rd March
10.00am - 12.45pm
Online

- What is PDA?
- What are demands?
- Helpful approaches
- Diagnosis
- Education
- Siblings

The poster features a purple background with a white line-art illustration of a woman and a child. A teal box contains a list of topics. The PDA society logo is in the bottom left corner.

Kids Disabled children say we can Registered Charity No. 275935

Norfolk Parent Carer Service
Spring Term Online Workshops

Friday 13th February @ 11am - Introduction to Neurodiversity
Monday 2nd March @ 12pm - Resilience for Parents
Wednesday 4th March @ 10am - Behaviour that Challenges
Sunday 8th March @ 2pm - Behaviour that Challenges
Wednesday 18th March @ 11.30am - Neurodivergent Teen
Sunday 22nd March @ 2pm - Introduction to Neurodiversity
Sunday 12th April @ 2pm - Resilience for Parents
Sunday 19th April @ 2pm - Neurodivergent Teen

Each workshop is 2 hours long

Scan here for Eventbrite tickets:

Join us online - just scan the code and choose your dates!
Email sally.macgregor@kids.org.uk for more info

The poster has a pink background with yellow flowers. It lists dates and times for various workshops. It includes a QR code for tickets and an email address for more information, along with a computer icon.